

<https://www.churchofjesuschrist.org/get-help/suicide?lang=eng>



[Suicide Prevention: Understanding and Healing from the Pain of Suicide - The Church of Jesus Christ of Latter-day Saints](https://www.churchofjesuschrist.org/get-help/suicide?lang=eng)

Whether you struggle with thoughts of suicide, know someone who does, or have lost a loved one to suicide, the resources on this site can help.

www.churchofjesuschrist.org

<https://www.churchofjesuschrist.org/media/video/2018-01-0150-suicide-prevention-choose-to-stay?lang=eng>



[Suicide Prevention: Choose to Stay - The Church of Jesus Christ of Latter-day Saints](https://www.churchofjesuschrist.org/media/video/2018-01-0150-suicide-prevention-choose-to-stay?lang=eng)

A young man who struggled with depression shares a message with others who have thought about suicide: "Please, choose to stay." For suicide prevention resources, click here.

www.churchofjesuschrist.org

<https://www.churchofjesuschrist.org/get-help/suicide/is-there-any-suicide-prevention-training-available?lang=eng>



[Is there any suicide prevention training available through the Church?](#)

While no formal suicide prevention training is offered through the Church, the scriptures and modern-day prophets teach many truths that will help individuals, families, and leaders who are striving to help those struggling with suicide.

www.churchofjesuschrist.org

<https://newsroom.churchofjesuschrist.org/article/see-church-resources-for-suicide-prevention>



[See Church Resources for Suicide Prevention](#)

Other videos with Elder Renlund include advice to families who have suffered from the effects of suicide: "Suicide Prevention: To Parents after a Suicide Loss " "Suicide Prevention: To Loved Ones Left Behind " Church Video 'Choose to Stay' Offers Hope for Those Considering Suicide

newsroom.churchofjesuschrist.org