

*You are not alone – Major Depressive Disorder affects more than 16.1 million American adults every year*

### Services We Offer



TMS



MEDICATION MANAGEMENT



COUNSELING

## Idaho TMS & Behavioral Health

2650 S. Eagle Rd.

Ste#100

Meridian, ID 83642

Phone: (986) 200-4290

Fax: (986) 200-4291

Email: [Office@IdahoTMS.org](mailto:Office@IdahoTMS.org)



## Idaho TMS & Behavioral Health



### Offering Behavioral Health Solutions including:

- Counseling
- Medication Management
- TMS Therapy

“I founded Idaho TMS & Behavioral Health with the mission to help provide residents, of the greater Treasure Valley, with relief from depression and the various unintended and unwelcome side effects of their anti-depressant medication.”

-Mark Jepson, Owner

## Meet the Team



Mark Jepson,  
PMHNP-BC

Esther Huffine,  
MSN,PMHNP-BC,  
FNP-C



Inger Persson,  
LCSW

David Dodge,  
LCSW



Rose Lovell,  
LMSW

## TMS THERAPY



\* A new form of treatment known as Brainsway TMS Therapy has been clinically proven to be effective at treating depression at its source.

\* Brainsway TMS Therapy uses magnetic-stimulation to reach the part of the brain that controls whether a person feels happy or sad.

\* Brainsway TMS Therapy has been proven to be effective for patients who didn't respond to traditional depression treatments. In fact, 67% of TMS patients achieve significant improvement, and 45% achieve complete remission.

## COUNSELING

Psychotherapy/Counseling services are conducted either in person or via telehealth, phone, or video sessions

We work with adults and adolescents

A counseling session is 60 minutes for the initial evaluation and 50 minutes for subsequent sessions

Quality treatment for grief and loss, PTSD, mood and anxiety disorders, and conduct problems in teens



## MEDICATION MANAGEMENT

At Idaho TMS & Behavioral Health, we offer Medication Management services, including injectable medication, for a wide range of behavioral health difficulties, which can include the following:

Depression  
Anxiety  
Bipolar Disorder  
OCD  
Schizophrenia  
Schizoaffective Disorder  
ADHD/ADD  
PTSD

**Insurance coverage is available by most commercial and private payors.**

**Call us today to schedule a consultation**

**(986)200-4290**

